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# OUR LADY'S MONTHLY MESSENGER

THE MIR CENTER OF WESTERN COLORADO Check out our website at Medjugorjedaily.com

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The shepherds went in haste to Bethlehem and found Mary and Joseph, and the infant lying in the manger. When they saw this, they made known the message that had been told them about this child. All who heard it were amazed by what had been told them by the shepherds.  $(Lk \ 2: 16-17)$ 

Our Lady of Medjugorje's Monthly Message of December 25th, 2023:

Dear children! I am carrying my Son Jesus to you to fill your hearts with peace, because He is peace. Little children, seek Jesus in the silence of your heart that He be born anew. The world needs Jesus, therefore seek Him through prayer, because He gives Himself daily to each of you.

Marija added: "Today Our Lady came solemnly dressed with little Jesus in her arms. Jesus extended His hand in a sign of blessing as Our Lady prayed over us in Aramaic."

On the 25th of each month, Our Lady gives a message through the visionary Marija Pavlovic-Lunetti for the villagers in the parish of Medjugorje and for all those who choose to follow her on the path to holiness.







The Holy Family

# Inside:

Annual Christmas message to Jakov - pg. 2 From a recent talk by Ivan - pg. 4 Healed after hitting rock bottom - pg. 5

#### What I Learned on My Trip to Medjugorje By Dann Aungst, of Road to Purity from roadtopurity.com

Earlier in December, I took a personal trip to the apparition site of Medjugorje near Bosnia. I wasn't sure what to expect on this trip as I had no major ailments to ask for healing, just some smaller annoying health issues, but I was hoping to improve my relationship and devotion to our Blessed Mother. It was an incredible experience, and I learned so much about our Lady's love for us, her tenderness as a mother, and her burning desire to heal our souls.

In this article, I will share my personal insights and experiences from my trip to Medjugorje, particularly about our Blessed Mother's desire to heal our woundedness, our addictions and purify our souls. I hope that this will inspire you to deepen your relationship with Mary and seek her intercession in your own struggles and addictions.

#### 1. Our Lady's Love for Her Son and for Us

One of the most profound things that I learned on this trip was the overwhelming message of the Blessed Mother's complete adoration for her son Jesus, but also her intense love for all of us, her children. She desires healing and purification for all of us so that we may enter the sacred heart of her Son.



Throughout the decades of these apparitions, her messages have consistently centered on the need for repentance and prayer, as well as fasting. She rarely speaks about anything going on in the world or people in the world. As I listened to the testimony of one of the original visionaries, Mirjana, I was struck by the fact that nothing she ever said seemed to relate to any importance of herself, only her wish and desire to help us get to Jesus.

#### 2. Fasting and Detachment

Another important insight that I gleaned from my trip to Medjugorje was the importance of fasting and detachment. While the church generally focuses on fasting during Lent on Fridays only, Mary suggests that we fast on both Wednesdays and Fridays always. At first, I did not understand the reasons for this, but as I continued to reflect and pray on this, I began to see its implications.

Fasting is a powerful way of training ourselves to deny ourselves some basic pleasures of life, thus enabling us to detach from our fault identities and move forward successfully in our surrender to Jesus. When we fast, we deny our bodies and surrender our control, releasing the primary truth of existence to the soul. In this way, we are able to obey and discipline ourselves to what God desires, rather than what we desire.

#### 3. Healing Our Woundedness and Brokenness

As someone who is a recovering sex addict, I have learned firsthand how our personal woundedness and brokenness can interfere with our trust and relationship with our Blessed Mother and Father in heaven. One of the key things that I teach in our recovery programs is the need to find the roots of our woundedAnnual Message to Jakov Colo From Medjugorje.hr

At the last daily apparition to Jakov Colo on September 12th, 1998, Our Lady told him that henceforth he would have one apparition a year, every December 25th, on Christmas Day. This year, the apparition began at 2:20 pm and lasted 6 minutes. Our Lady came with little Jesus in her arms.

Dear children! Today with my Son in my arms, I desire to call all of you to pray to the little Jesus for the healing of your heart. Children, often in your hearts sin rules which destroys your life and you cannot feel God's presence. That is why, on this day of grace, when grace is spreading throughout the whole world, surrender your life and your heart to the Lord, so that the Lord may heal them with His grace. Only with pure hearts will you be able to experience the birth of Jesus anew in you, and the light of His birth will illuminate your life. I bless you with my motherly blessing. Thank you for having responded to my call."

ness, the sources of persons that influence those areas, and the forgiveness and healing of those that is required so we can move forward and successfully surrender ourselves to Jesus.

Through fasting, prayer, and detachment, we can begin to remove the attachments and things of this world that prevent us from completely surrendering ourselves to Christ. We are able to more fully leave behind our personal desires, pleasures, and attachments, entering into the sacred heart of Jesus Christ like a child.

#### 4. Prayer and the Rosary

Finally, I learned the importance of daily prayer, particularly the rosary, in deepening our relationship with our Blessed Mother. Mary implores us to pray the rosary daily, and it is through this powerful prayer that we are able to draw closer to her and her Son.

As we reflect on the mysteries of the rosary and meditate on the life, death, and resurrection of Jesus, we are reminded of our need for repentance and our call to holiness. The rosary is a powerful tool in our spiritual arsenal, and I encourage each one of you to make it a daily habit.

In conclusion, my trip to Medjugorje was an incredible experience that deepened my love and devotion for our Blessed Mother. Through her messages, we are reminded of our need for repentance, prayer, fasting, and detachment, as well as the importance of daily prayer, particularly the rosary. Let us strive to remove the attachments and things of this world that prevent us from surrendering ourselves completely to Christ, and may our Lady's love and tenderness as a mother guide us in our journey towards holiness.

## From the Diary of Sister Emmanuel

www.childrenofmedjugorje.com

On November 25th, 2023, the visionary Marija received the following monthly message from Our Lady:

"Dear children! May this time be interwoven with prayer for peace and good deeds, so that the joy of the expectation of the King of Peace may be felt in your hearts, families and in the world which does not have hope. Thank you for having responded to my call."

### Children know!

An Italian priest, both a parish priest and an exorcist, told me that a woman asked him to bless the child she was carrying in her womb. He was very pleased with this request, because although such a blessing is a source of much grace, few mothers think to ask for it. While pronouncing the blessing, the priest placed his hand on the stomach of this woman, and immediately the child began to jump and kick as if he wanted to connect with the priest's hand and eagerly capture every drop of the blessing he was receiving.

The Magisterium of the Church states that, from the moment of conception in the mother's womb, the child receives his soul from the Creator. It is truly a new creation, so beautiful that the Angels look on in admiration! As tiny as this child's body may be, his soul is already totally present! This soul, newly released from the hands of the Creator, is endowed with a great sensitivity to divine things and, in particular, with a deep "consciousness of love". Of course, the child does not have a brain yet, nor the use of reason in order to understand, as he will later on, but he has a "spiritual antenna" that allows him to acutely perceive certain realities. For instance, how his mother is welcoming him. Is she happy to give birth to a child, or is she unhappy with this pregnancy? The consequences will be quite different for the child's future!

In the case at hand, I believe that the child, thanks to his deep consciousness of love, perceived the approaching grace offered by the divine blessing through the priest, so much so that his mother was deeply moved. The priest told me that he had experienced this type of grace several times.





#### Once on a Mission...

I was once in Mauritius on a mission. A local gentleman, who is a friend of mine invited me to speak to the employees of his company, where people of various religions: Christians, Muslims, Buddhists and Hindus worked. They lived together in harmony. After sharing some key messages from Our Lady, my friend, the Director of this company, asked me to pray for all employees who wanted a prayer. Almost everyone chose to stay.

After the prayer, a woman came up to me and asked me to pray to the Blessed Mother of Medjugorje for the child she was carrying within her. This woman was Muslim. Therefore, I prayed for her, for her child and for a happy birth.

She then took my hand and placed it on her stomach. Immediately, the same thing happened. The child began to beat its head against my hand forcefully... His mother felt it as well as I did! This experience was a great gift from Heaven for her, and a wonderful opportunity to rejoice for the life of her child.

#### Jesus hidden in Mary

In these days leading up to Christmas, I cannot help but imagine Baby Jesus in His Mother's womb. What was He experiencing? How did He feel? Of course, this remains His secret. But to dwell in the womb of Mary, all-pure, all-loving, all-filled with the Holy Spirit, is that not living in Paradise on earth? Jesus was never so safe as in Mary's womb, just as the divine Son is in the Father's bosom.

During his physical growth in the maternal womb, the child draws from his mother's blood everything he needs in order to grow. Slowly but surely, he siphons the elements he needs, not wondering whether his mother is tired or sick. For the child, this is vital. From his mother's blood, the child will take minerals, vitamins, oxygen, proteins, carbohydrates, fats, lactose, Omega, etc. Nature has got it so right!

But what the child will take from his mother goes way beyond all these physical elements. Mysteriously, and thanks to his consciousness of love, the child will vibrate with her and feel what is happening in her heart and in her mind. If mothers only knew the good they can do to their unborn child...!

And Mary, how did she experience awaiting her Child, hidden within her as in the most beautiful tabernacle in the world? She gave everything of herself and did not stop praying, in deep contemplation before the divine mystery she bore. From the conception of Jesus, she began a dialogue with Him, a dialogue that would never end and that blossomed into eternity. The Magnificat testifies to this, sung at Elizabeth's home just a few days after the Annunciation.



# From a Talk by Ivan Dragicevic on December 9th, 2023

Dear children, I am with you. I am your mother. Do not be afraid of anything. I will protect you. I will guide you and I will help you. Do not be afraid. It was very difficult to calm down and collect ourselves. At that point, the one girl named Vicka, who was the most outgoing of all of us, asked her, who are you? What is your name? And she answered, I am the Queen of Peace. I am coming to you, dear children, because My Son is sending me to help you. Peace, peace, and only peace dear children. May there be peace and may peace reign in the world. Dear children, peace must reign between God and man and among men. Dear children, this world, this humanity is in great danger and is threatening to destroy itself.

These were the first words, the first messages that Our Lady gave to the world through us. And through these words we cans see what our Lady's greatest wish is. Peace. If we look now 42 year later, these words that I have just spoken, don't these words speak to us now in this time more than ever before. Peace must

reign between God and man and among men.

My dear friends, Our Mother is coming to us. She wishes to help all of us. She is coming to us as a mother of hope. She wishes to come and bring hope into this tired world that is without hope. She wishes to bring hope into the tired Church, into our tired families, and our tired youth. Our Lady says in our of her messages, "Dear children, I am coming to you because I wish to tell you that God exists. Decide for God. Put God in the first place in your lives. And, together with Him, go towards the future. If you think that todays world and mankind

can give you peace, you will quickly be disappointed. Peace is in God. And Our Lady is leading us to this peace. Our Lady is leading us to Jesus so that now in the present we can have an encounter with Him. So that with Him we can establish a new relationship, a new friendship.

Our Lady says, "Dear children, this world, this humanity has a future, but with one condition, that it must return to God. That we need to establish with Him a new relationship. Our Lady says, "Leave behind sin. Leave evil and open yourselves to peace. I am coming to you dear children because I wish to encourage you and to console you. I am staying with you because My Son is allowing me to stay with you for this long. Because I wish to teach you and nurture you.

Jesus is sending His Mother. He is sending His Mother who is the best teacher and nurturer. Our Mother is coming to us and wishes to awaken us all in the faith. And to strengthen our faith. And she says, "Dear children, if you are strong, then the Church will be strong. If you are weak then the Church will be weak. You are my living Church. Therefore, my dear children, I am inviting you all in a special way to a renewal of family prayer. Family prayer must be renewed. Every one of our families today must become a living chapel in which there is prayer.

Today we ask ourselves why are there no vocations in the Church. Because there is no prayer in the family. Where does God all for vocations? In the family, through family prayer. This is where God calls. And prayer has left our families. And love has left our families. Therefore we must return God to the first place in our families. And that is why Our Lady says, "Dear children, there is no living church without living families." And todays families are full of wounds. Todays families are bleeding.



Todays families more than ever are in need of spiritual healing. Only if todays families are healed spiritually can our society and world be healed. There is no other way. Because today's society and world is sick, spiritually sick. They have all grown far from God. They've grown far from His love. We have found ourselves alone. But Our Mother is coming to us. She is bringing to us a Divine remedy. A remedy for us and for our pain. She wishes to heal our pain and to wrap our wounds with so much love, tenderness and motherly warmth.

She says in one of her messages, "Dear children, if you could only know how much I love you, you would weep with joy. One of the foundation messages with which Our Lady is coming to us is change the world and bring God back into the world. And to bring peace into today's world through prayer. But the prayer of simple people. Simple people. People who are open to prayer. And who are prepared to suffer. They are prepared to sacrifice. They are prepared to be humbled. This is how we grow in holi-

ness. With prayer. With sacrifice. With humility. Without magnifying ourselves and being an idol of our own imagination.

Our Lady is coming to us and she says "Dear children, today's world is going through very difficult crises and the greatest crises is the crises of faith in God. We have grown far from God. "Dear children, today's world has set out on a path without God a future without God. Dear children, there is no longer prayer in the families. Parents do not pray with their children. Children do not pray with their parents. A father no longer has any time for the mother. The

mother no longer has time for the father. And todays parents have stopped being a model for their children. Love has left the families. There is no longer fidelity in the marriages and there is a breakdown of morals. There are so many outward effects especially through social media today that break down the moral structure of the family.

And Our Mother wishes to come to us to tell us that this is the work of Satan, that this is an evil that is present in today's society and that this like a cancer spreading throughout today's world. Our Mother is coming to us to warn us of all of the dangers that are threatening us, especially the danger of peacelessness, peacelessness in our heart. Because if we do not have peace within our hearts, there cannot be peace in the world.

Our Lady says in one message, "Dear children, I am inviting you all together with me that we build a new world of peace." Do these words sound remarkable? We are so tied to them. "My dear children," Our Lady says, "I wish you to know that God has chosen each one of you to use you for a great plan for the salvation of humanity. Dear children, you cannot even be aware of how important your role is in God's plan. Therefore dear children, pray, so that in prayer, you can comprehend God's plan for you." Imagine, Our Lady says, "You are my hope. How much importance Our Lady is placing upon us. Such a beautiful assignment she has entrusted with us, how this is a singular mission for the salvation of humanity.

My dear friends, Our Lady is calling us in a special way to Holy Mass. Holy Mass must be the center of your lives. When Our Lady said during one apparition to us, she said, "Dear children, if tomorrow you had to make the choice to come to me or to go to Holy Mass, no do not come to see me. Go to Holy Mass.

## She Clung to the Rosary and Hoped for a Miracle Transcript from YouTube video and shalomtidings.com

#### Semi-paralyzed after a poisonous spider bite, Marisana Arambasic felt her life ebbing away. She clung to the Rosary and hoped for a miracle after she hit rock bottom.

My name is Marisana. I've been living here in Perth for a very long time but originally I come from Croatia. I was born close to Medjugorje. When I was eight years old I witnessed a miracle in Medjugorje; a man about 44 years old, was crippled his leg was completely twisted, he had crutches and he got healed when he prayed to Our Lady of Medjugorje and we all witnessed it. I was running after him to touch his leg to see and I was absolutely in awe of that particular miracle and who would think so many years later I too would need a miracle.

My mom saw me drifting away from God and enjoying life in the wrong way. She was offering masses on a regular basis to bring me back but it was not working. So for like 15 years she was praying and one day she went to the priest and she said I offered so many Masses and she is getting worse and worse. I'm sure these Masses are going to someone else

So this amazing priest said, "At the moment she lives in sin but once when she stops sinning and God brings her to her knees, He will pour all of His graces at once and a miracle will happen and she will turn 180 degrees. And so it happened when I was 33 I hit rock bottom.

One day a white tail spider bit me on my hand and it absolutely, in one day destroyed my health. I was working in the medical field. I had the privilege to have three specialists and three gps they all

fought for me and the more they were fighting for me, I felt like I fell in quicksand. The pain was horrific the left side of my body was weak, I was semi-paralyzed. My chest, my heart, my internal organs were cramping like childbirth. I couldn't understand how did this happened to me. I increased my prayers, four rosaries per day and I couldn't kneel because of pain, but I forced myself to kneel and yet the situation became even worse. I was bedridden. I had blisters all over my face, everywhere. I was completely transformed so that when people saw me they were in shock. My weight was dropping rapidly. I could only eat apples, a couple apples a day and that is all I ate for six months. If I ate anything else, my body went into cramping. I could only sleep 15 to 20 minutes. I woke with such severe cramps.

My son who is 15 years old was witnessing all of this, the deterioration of his mother and it was really hard for him. He escaped into video games and he distanced himself because he didn't know how to deal with all this. I have a beautiful family and my mum and dad my siblings we are very united but they were overseas so I had no one here in Australia.

Finally, I got worse and worse and they told me that I have not long to live. I called my parents and my parents went straight away to the holy place, Medjugorje, where Our Lady is appearing. There they hoped to find some mercy from Jesus through Mary and it happened they came across a priest, a holy priest and he said to my mom to kneel down and to tell me her name and we will pray. I did not know that this was taking place. I was lying on a mattress in the kitchen because even moving from one bedroom to another bedroom was a



Marisana Arambasic

task. And when he started praying with my mother for me in Croatia, I got up, I got up at the same time. I had less pain but the pain was still there but less and I could move and I could walk. I immediately called my sister and told her, I'm feeling a little bit better. And she told me that my parents had been praying in Medjugorje with the priest for me. So I quickly decided, I chose to buy the tickets and to leave for Medjugorje, to the holy place where Our Lady has been appearing.

The hardest part was saying goodbye to my son because I was not so sure would I ever see him again. My doctors had written a letter saying they are not taking any responsibility for me to leave and go. It was winter and they said if you catch even a slight flu, you're gone, you'll die. I said I'll leave this in God's hands. I said if my destiny is for my life to be taken from this earth, I want to be in that place where Our Lady is appearing.

My sister picked me up from the airport and we came at nine o'clock in the evening to Medjugorje and that amazing

priest came and greeted me and he prayed over me and he said, now tomorrow morning go to the hillside where the Blessed Mother has appeared and pray to her. I was weak, I had no nutrition, my throat was closing and I couldn't even speak. I had blisters are all over me, I felt like leprosy but I couldn't wait to climb up the hill where Our Lady appeared.

My sister wanted to come with me and I said no I don't want you to witness my sorrow. I want to cry alone and I want to find my God, my moth-

er Mary, for her to take me to Jesus and for her to show me the way. So on the hill, I grabbed the soil in my hands and I said I come from the soil squeezing it so hard. I was on my knees it was snowing and it was so cold, and the one good thing is there were not many people there so I felt I had her all to myself. I felt very, very special in that moment and I felt that Our Lady could really hear me and I said Mary, Jesus I am not ready to die, to see you yet because my basket is not full yet because I haven't done enough good deeds on this earth. But give me this chance, let me be a little bit more time with my son, have mercy on me.

And then suddenly deep down in my heart I remembered something that came from the priest; he said blessed are those who come to this holy place and are not healed but keep their faith but woe to them who get healed of the flesh and yet their spirit stays the same. And then I said, "Let thy will be done." I had a cry and then in a moment that I will never forget, as I was going down the hill and I was praying "Our Father" that give us the daily bread was so painful to me because I could not eat bread. I really wanted the Eucharist, the Heavenly bread so badly and I said please Jesus let me eat bread at least bread one more time.

When I went down and my sister came I said I'm eating bread. She said you can't, there's no doctors here. You know what will happen. I said I'm eating bread. I blessed it and I took my first bite and nothing happened and then the second bite and the third and my sister grabbed me slowed down and I was just eating it and I felt amazing and I slept for two hours. Usually every 15 minutes I woke up with severe pain but the pain had dropped and I was in heaven on earth

#### Our Lady's Monthly Messenger Page 6

#### (Sister Emmanuel continued from page 3)

What about us, the children that Jesus gave to her from the cross, though John, the apostle? What is our share in the motherhood of the Blessed Mother, we who are born of a mother who had her richness's and weaknesses, her qualities and her defects, her tenderness and her lack of tenderness? A message that enlightens and delights us is when Mary said in Medjugorje: "Dear children, I love each one of you as much as I love my Son Jesus!" And also: "Dear children, just as I bore the Child Jesus in my womb, so do I want to carry each of you on the path of salvation." (25/03/1990)

In one of his homilies, Saint Bernard of Clairvaux develops this beautiful thought that, while we are on earth, we are not born yet. We are born when we enter Heaven. On earth, we are carried in the womb of the Mother of God.

If an ordinary mother has such an influence on the child she carries, can we imagine what our Heavenly Mother gives us when we choose to devote ourselves to her? When we decide to belong entirely to her and live within her? Mary places everything she has at our disposal! Her kindness, her benevolence, her beauty, her peace, her love, her tenderness, her strength, her courage, her light, her purity, even her intimacy with the Heavenly Father to whom she introduces us... St Louis Marie de Montfort said:

"Oh! How happy we are when we have given everything to Mary... We are all Mary's and Mary is all ours!" And Little Flower, Therese of Lisieux: "The treasure of the mother belongs to the child."

To live within Mary is to be nourished and protected, because then we escape the eyes of the enemy and his satanic attacks. He cannot destroy us when we journey with her.

#### Living with Mary

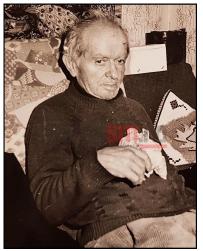
How to live within Mary's womb today, in this society that has chosen death? Her messages, over the span of 42 years, teach us this. The first thing to do is to ask her, very simply: "Mary, make me live in your maternal womb, hidden within you!" Then, we should often ask ourselves the following question: "At this moment, what would our Lady do in my place? What would she say to this person? How can I please her?" And gradually, with all of our good will, we will adjust to her motherly mind and heart, and this will enable her to guide us in everything and bend our will towards God's



plan for us, which is unique for every person. A magnificent intimacy will then be created between her and us, and we will overcome the obstacles of this life with serenity. We will walk hand in hand with her, quietly, but surely, strengthened through her power of intercession in our favor. She will invite us into the embrace of her Son Jesus, which is the primary purpose of her coming to Medjugorje. We are all invited! "You are all my children!" she tells us!

#### Brother Mihai Neamtu from Romania

I met him at his home in 1999. He was a powerful prophet, endowed with great intimacy with Jesus, Mary, the saints and the angels of Heaven, with whom he often conversed. Like Saint Hildegard, he had received an infused knowledge of plants and their therapeutic virtues. His cause for beatification has already been opened in Rome (PS3). Before the Christmas celebration, I would like to quote a fact he told his spiritual children that moved me deeply and that will give joy to us all.



One day, Brother Mihai was going to Mass with Father Gherasim in a nearby village, for confession, to attend Mass and receive Holy Communion. On the way, they met Moses and Elijah, the same famous ones who appeared with Jesus on the day of the Transfiguration.

Once they got to the front of the church, Brother Mihai and Father Gherasim wanted to go in first. But Moses and

Elijah stopped them, saying, "No, you must come in after us, because we in Heaven are greater than you."

After participating in the Mass, going to confession and receiving Communion, when they crossed the threshold of the church, Brother Mihai and Father Gherasim let Moses and Elijah go in front of them. But Moses and Elijah objected, saying, "No, this time you walk before us! Because now you are as pure and holy as Jesus is right now in Heaven!" And Brother Mihai, in his great love for Jesus, forcefully emphasized: "Whoever confesses and receives Communion is as pure and holy as Jesus in Heaven is at that time." After this event, Brother Mihai urged his spiritual sons to tell everyone about this event with Moses and Elijah, as it is so important to know.

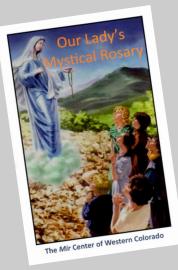
These words surprised me as much as they moved me. How is it that after Confession and Holy Communion, I could be as pure and holy as Jesus is pure and holy in heaven? I have questioned several priests, and all are unanimous; It is theologically TRUE! Indeed, when we receive Holy Communion, (of course in a state of grace and without deliberate attachment to sin), Jesus transforms us into Himself, and we are like Him because we become divinized.

As we prepare to receive the Child God in our hearts at Christmas, how can we not desire to make a good and sincere confession, and then fervently receive Communion? How can we not desire to live this divine purity of heart that will delight the Child Jesus within us, and be the joy of His Mother?

# A Perfect Gift!

A new Rosary Booklet with messages from Our Lady of Guadalupe, Lourdes, Fatima, Kibeho, Medjugorje and more.

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#### (Hoped for a miracle continued from page 5)

Then the priest again advised me to continue, to complete my physical healing with my spiritual healing. So, I went back again the next day and climbed up Cross Mountain where there is a big cross at the top with a relic of the true Cross. There, the peace overwhelmed me but I appealed to the Lord to give me the mercy, to show me the way he sees my sins. When I climbed the hill and the rocks are very sharp and it was cold I was really feeling like as I was walking, God was showing me bit by bit, more and more of my sins, sins that I could not even recall. I saw my life the way God sees it. I couldn't wait to climb down to go to confession, with my heart full of joy. I was visiting my parents and we had celebrations and, of course, my healing took a little bit longer because I was very skinny. I had lost so much weight. I was eating a little bit more and more, gaining strength, and then I came back to Australia after a couple of months to my son back home to Perth and I was so grateful for what God had done.

#### (Talk by Ivan continued from page 4)

Because to go to Holy Mass means to go and have an encounter with Jesus who is being offered at Holy Mass, to offer yourself to Him, to open yourself to Him and to accept Him. Holy Mass needs to be the center of our lives.

Along with Holy Mass, Our Lady calls us especially to monthly confession. To adoration of the Holy Cross. To adoration of the Blessed Sacrament. She gives a special task to her priests and says to open the churches more for veneration of the cross and adoration of the Blessed Sacrament. And Our Lady is calling us to the renewal of the prayer of the Rosary in our families. Pray the Rosary. Read the Holy Scriptures. May the bible be placed in a visible spot in each of your homes. Read the Holy Scriptures. Contemplate it meditate upon it. When you read the Holy Scriptures, read short parts of the passages so that you can contemplate fully each of the words and how it applies to your own life. And feed yourselves with this.

Our Lady is also calling us to fasting and penance, especially to fast on bread and water every Wednesday and Friday. And for those who are sick or for whom it's very difficult to fast in this way, to replace it with more prayer and other sacrifices. To sacrifice something that we love very much, that we like. Many might ask what can be achieved through fasting? Fasting is a cleansing of myself and a strengthening of my soul. I could compare fasting to that grain of wheat in the gospels. That grain of wheat we must throw into the soil so that it can die. That it gets lost and that later it can bring fruit. What happens if that grain falls on rocky ground? It cannot bring forth any fruit. You see, God is asking very little of us. Our Lady is asking very little of us and they are giving to us one hundredfold. In a special way Our Lady is calling us to forgiveness. Forgive yourselves dear children. Forgive others. And in this way you will open the path for the Holy Spirit to come to your hearts. Because without forgiveness you cannot be healed, neither physically nor spiritually or emotionally. It is necessary to forgive, to be free from within in order to receive the Holy Spirit and His grace.

Aren't the messages of Our Lady too good to keep to yourself? Isn't there a friend or relative that you'd like to add to our mailing list? There is no charge for *"Our Lady's Monthly Messenger"*, but donations are accepted. Please Note: if you add more that 2 names, please consider a donation of 20 dollars per name per year. Make checks payable to: *The Mir Center*. And please, no overseas orders... Thanks and God Bless!

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		Mail to:
		The Mir Center of Western Colorado 2574 Young Court Grand Junction, CO 81505
State:	Zip:	

## January

S	Μ	Т	W	Т	F	S
	1 Mary, Mother of God	2 Medjugorje prayer group 7:00pm St Francis	3	4	5	6
7 The Epiphany	8 Baptism of The Lord	9 Medjugorje prayer group 7:00pm St Francis	10	11	12	13
14	15	16 Medjugorje prayer group 7:00pm St Francis	17	18	19	20
21	22	23 Medjugorje prayer group 7:00pm St Francis	24	25	26	27
28	29	30 Medjugorje prayer group 7:00pm St Francis	31			

## **Upcoming events:**

- + Mary, Holy Mother of God, January 1st
- + The Epiphany, January 7th
- + The Baptism of the Lord, January 8th

Our Lady's Five-Point Program \*Conversion \*Paace \*Peace \*Resonciliation

Return Service Requested

The Mir Center of Western Colorado 2574 Young Court Grand Junction, CO 81505

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our families, into our communities, and into our world. As a nonprofit organization, we intend to use any and all funds raised or donations received to aid in spreading the messages of Our Lady to all who will listen. With regard to the apparitions occurring in the world today we humbly submit to the final authority of the Catholic Church.

Our primary goal, our main focus, is to bring Jesus Christ to the world and to bring the world to Jesus Christ. To accomplish this task, the MIR Center of Western Colorado was established to provide accurate information about the messages and events originating from Marian apparitions occurring in Medjugorje and elsewhere. We are committed to living the messages of Medjugorje, which are in essence the message of the Gospel, we hope to spread peace into our fumilies into our source the message of the Gospel, we hope to spread peace into our fumilies into our formation and into the message of the Gospel, we hope to spread peace into our fumilies into our source the message of the formation our formation we hope to spread peace into our fumilies into our source and into our world of a second to a second to be and our formation our formation our world of the formation our formation our formation and our formation our formation our second our and out our formation and start our formation our formation our second our and out of the formation out formation and start out our formation and and the formation and start of the formation out formation and the formation and and the formation and

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